

Pool Schedule

November/December 2004

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30-9 AM Fitness		6:30-9 AM Fitness		6:30-9 AM Fitness		
9-10 AM Aquacize	9-10 AM Lessons	9-10 AM Aquacize	9-10 AM Lessons	9-10 AM Aquacize		
11 AM-1 PM Fitness & Parent/Preschool	11 AM-1 PM Fitness & Parent/Preschool	11 AM-1 PM Fitness & Parent/Preschool	11 AM-1 PM Fitness & Parent/Preschool	11 AM-1 PM Fitness & Parent/Preschool		
		2:15-3:30 PM Early Out Swim (1 st Wed. of month)			1-2 PM Fitness & Parent/Preschool 2-5 PM Public Swim	
3:30-6 PM Lessons	3:30-6 PM Lessons	3:30-6 PM Lessons	3:30-6 PM Lessons	4:00-5:30 PM Jr. Lifeguard Club		
6-7 PM Fitness/Lessons Parent/Preschool	6-7 PM Fitness/Lessons Parent/Preschool	6-8:30 PM Lessons & Family Swim	6-7 PM Fitness/Lessons Parent/Preschool	6-7 PM Fitness/Lessons Parent/Preschool	6-8:30 PM Family Swim	
7-8:30 PM Public Swim	7-8:30 PM Public Swim		7-8:30 PM Public Swim	7-9:00 PM Public Swim		
8:30-9:30 PM Adult Swim & Adult Lessons	8:30-9:30 PM Adult Fitness & Aquacize	8:30-9:30 PM Adult Swim & Adult Lessons	8:30-9:30 PM Adult Fitness			

